

**Protein Bar** This deliciously chewy bar is packed with 12 grams of protein, 23 vitamins and minerals, plus soluble fiber, to help control your hunger with only 150 calories. Rich in protein, ShapeWorks™ Protein Bar is an ideal protein snack or protein boost on the go.

**†1 Gram**  
Net Impact  
Carbs  
per Serving

\*Net-impact carbs include only those carbohydrates that cause a noted impact on blood sugar and insulin response. Fiber, sugar alcohols (glycerin and maltitol) and other carbohydrates are excluded.

**DIRECTIONS:** One or two bars per day for healthy snacking and weight loss. For variety, try our other delicious protein-rich snacks, too.

**INSTRUCCIONES:** Una o dos barras al día para disfrutar un bocadillo saludable y perder de peso. Para variar, también pruebe nuestros otros bocadillos ricos en proteínas.

Store in a cool and dry place.

We offer a **30-day money-back guarantee** to assure your complete satisfaction. This exclusively formulated product is only available through Herbalife Independent Distributors.

Manufactured in a facility that processes peanuts, various nuts and seeds. Fabricado en instalaciones donde se procesan cacahuates así como otros frutos secos y semillas.

†1 gram represents carbohydrates which have an insulin-stimulating response. Other carbohydrates in the bar are derived from sugar alcohols, which are metabolized to fatty acids in the intestine, and fiber, neither of which stimulates a significant insulin response.

## Nutrition Facts

Serving Size: 1 Bar (40 g)  
Servings Per Carton: 14

### Amount per Serving

Calories 150

Calories from Fat 60

**Total Fat 6 g** **9%**

Saturated Fat 3.5 g **18%**

Cholesterol 0 mg **0%**

Sodium 85 mg **4%**

Potassium 125 mg **4%**

Total Carbohydrate 12 g<sup>†</sup> **4%**

Dietary Fiber 3 g **12%**

Sugar 1 g<sup>†</sup>

Sugar Alcohols 5 g

Other Carbohydrates 3 g

**Protein 12 g** **24%**

Vitamin A 20% • Vitamin C 20%

Calcium 15% • Iron 25%

Vitamin E 20% • Vitamin K 20%

Thiamin 20% • Riboflavin 20%

Niacin 20% • Vitamin B6 20%

Folate 20% • Vitamin B12 20%

Biotin 20% • Pantothenic Acid 20%

Phosphorus 20% • Iodine 20%

Magnesium 15% • Zinc 20%  
Selenium 20% • Copper 20%  
Manganese 20% • Chromium 20%  
Molybdenum 20%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less Than	65 g	80 g
Sat. Fat	Less Than	20 g	25 g
Cholesterol	Less Than	300 mg	300 mg
Sodium	Less Than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** Casein, Glycerin, Hydrogenated Starch Hydrolysate, Modified Palm and Palm Kernel Oils, Oligofructose, Soy Protein Isolate, Whey Protein Isolate, Milk Protein Concentrate, Maltitol, Cocoa Powder Processed with Alkali, Polydextrose, Natural Flavors, Water, Soy Lecithin, Contains 2 Percent or Less of Ground Almonds, Canola Oil, Unsweetened Chocolate, Milk Mineral Concentrate, Cocoa Butter, Soybean Oil, Dextrose, Mono- and Diglycerides, Potassium Lactate, Magnesium Oxide, Licorice Root Extract, Ascorbic Acid, Salt, Copper Gluconate, Ferric Orthophosphate, DL-Alpha-Tocopheryl Acetate, Maltodextrin, Biotin, Mixed Tocopherols, Sucralose (non-nutritive sweetener), Niacinamide, Zinc Oxide, Beta-Carotene, Calcium Pantothenate, Vitamin A Palmitate, Phytonadione, Pyridoxine Hydrochloride, Manganese Sulphate, Riboflavin, Thiamin Mononitrate, Potassium Iodide, Cyanocobalamin, Chromium Chloride, Folic Acid, Sodium Molybdate and Sodium Selenite.



## Protein Bar

Protein-based snack for energy and nutrition

**chocolate fudge**

Naturally Flavored

14 Bars 1.41 oz / 40 g EACH (NET WT 19.74 oz / 560 g)