



**Protein Bar** This deliciously chewy bar is packed with 12 grams of protein, 23 vitamins and minerals, plus soluble fiber, to help control your hunger with only 150 calories. Rich in protein, ShapeWorks™ Protein Bar is an ideal protein snack or protein boost on the go.

**†5 Grams** Net Impact Carbs per Serving <sup>†</sup>Net-impact carbs include only those carbohydrates that cause a noted impact on blood sugar and insulin response. Fiber, sugar alcohols (glycerin) and other carbohydrates are excluded.

**DIRECTIONS:** One or two bars per day for healthy snacking and weight loss. For variety, try our other delicious protein-rich snacks, too.

**INSTRUCCIONES:** Una o dos barras al día para disfrutar un bocadillo saludable y perder de peso. Para variar, también pruebe nuestros otros bocadillos ricos en proteínas.

Store in a cool and dry place.  
We offer a **30-day money-back guarantee** to assure your complete satisfaction. This exclusively formulated product is only available through Herbalife Independent Distributors.  
Manufactured in a facility that processes peanuts, various nuts and seeds.  
Fabricado en instalaciones donde se procesan cacahuates así como otros frutos secos y semillas.  
†5 grams represent carbohydrates which have an insulin-stimulating response. Other carbohydrates in the bar are derived from sugar alcohols, which are metabolized to fatty acids in the intestine, and fiber, neither of which stimulates a significant insulin response.

## Nutrition Facts

Serving Size: 1 Bar (40 g)  
Servings Per Carton: 14

Amount per Serving  
Calories 150  
Calories from Fat 60

	% Daily Value*
<b>Total Fat</b> 6 g	<b>9%</b>
Saturated Fat 3.5 g	<b>18%</b>
<b>Cholesterol</b> less than 5 mg	<b>1%</b>
<b>Sodium</b> 110 mg	<b>5%</b>
<b>Potassium</b> 90 mg	<b>3%</b>
<b>Total Carbohydrate</b> 16 g <sup>†</sup>	<b>5%</b>
Dietary Fiber 2 g	<b>8%</b>
Sugar 5 g <sup>†</sup>	
Sugar Alcohols 5 g	
Other Carbohydrates 4 g	
<b>Protein</b> 12 g	<b>24%</b>

Vitamin A 20%	•	Vitamin C 20%
Calcium 20%	•	Iron 25%
Vitamin E 40%	•	Vitamin K 20%
Thiamin 20%	•	Riboflavin 20%
Niacin 20%	•	Vitamin B6 20%
Folate 20%	•	Vitamin B12 20%
Biotin 20%	•	Pantothenic Acid 20%
Phosphorus 15%	•	Iodine 20%

Magnesium 15%	•	Zinc 20%
Selenium 20%	•	Copper 25%
Manganese 25%	•	Chromium 20%
Molybdenum 20%		

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less Than	65 g	80 g
Sat. Fat	Less Than	20 g	25 g
Cholesterol	Less Than	300 mg	300 mg
Sodium	Less Than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** Soy Protein Isolate, Calcium Caseinate, Modified Palm and Palm Kernel Oils, Whey Protein Isolate, Sugar, Glycerin, Polydextrose, Oligofructose, Hydrogenated Starch Hydrolysate, Water, Ground Almonds, Honey, Soy Lecithin, Contains 2 Percent or Less of Canola Oil, Skim Milk Powder, Milk Mineral Concentrate, Natural Flavors, Soybean Oil, Malic Acid, Potassium Lactate, Yoghurt Solids, Citric Acid, Mono- and Diglycerides, Magnesium Oxide, Mixed Tocopherols, Potassium Sorbate, Ascorbic Acid, Copper Gluconate, Salt, Ferric Orthophosphate, DI-Alpha-Tocopheryl Acetate, Maltodextrin, Turmeric, Biotin, Sucralose (non-nutritive sweetener), Niacinamide, Zinc Oxide, Beta-Carotene, Calcium Pantothenate, Vitamin A Palmitate, Phytonadione, Pyridoxine Hydrochloride, Manganese Sulphate, Riboflavin, Thiamin Mononitrate, Potassium Iodide, Cyanocobalamin, Chromium Chloride, Folic Acid, Sodium Molybdate and Sodium Selenite.



## Protein Bar

Protein-based snack for energy and nutrition

*lemon*

Naturally Flavored

14 Bars 1.41 oz / 40 g EACH (NET WT 19.74 oz / 560 g)